

3. Chaleece W. Sandberg, Kristen Nadermann, Lauren Parker, Anne Marie Kubat, Liza M. Conyers (2021) Counseling in Aphasia: Information and Strategies for Speech-Language Pathologists *American Journal of Speech-Language Pathology* [https://doi.org/10.1044/2021\\_AJSLP-20-00312](https://doi.org/10.1044/2021_AJSLP-20-00312)

*Purpose;* The purpose of this tutorial is to provide an overview of mental health concerns of persons with aphasia (PWAs), strategies that speech-language pathologists (SLPs) can use to address the mental health concerns of PWAs within their scope of practice, guidance related to how SLPs can help facilitate access to appropriate mental health services, and suggestions for the future of pre- and post-certification education regarding counselling in aphasia for SLPs.

*Method;* This tutorial begins with a case study that is used as a reference point throughout the tutorial. It then introduces the gap in mental health services for PWAs that prompted this work, walks SLPs through common mental health concerns PWAs experience, and provides guidance for SLPs related to counselling techniques they can utilize within their sessions and referral to counselling professionals. We end by reiterating the need for more mental health awareness and training for SLPs and suggestions for incorporating more training related to addressing client mental health concerns and developing effective collaborations with rehabilitation and mental health counsellors, as needed.

*Conclusions;* The mental health needs of PWAs are not being met. This is partly due to a lack of training in counselling for SLPs and a lack of training in communication techniques for rehabilitation and mental health counsellors. With this tutorial, we hope to bring more awareness to the current need for mental health services for PWAs and to provide SLPs with some tools for addressing these needs among their clientele.